

HOW TO CARE FOR YOUR HAIR THIS SUMMER:

AUTHORITATIVE DIRECTIONS OF A WELL-KNOWN BEAUTY EXPERT

These Hints by Marion Martineau Will Enable the Seashore Girl and Her Sister, the Merry Little Mountain Maid, to Secure Locks That Have Just the Right Amount of Crinkle and Fluff to Be Pretty When the Hot Winds Blow and the Spray Dashes Over the Shore.



HEAT OF CURLING IRON AND BRUSH THE HAIR AROUND IT THUS -



BEAT THE HOT WINDS OUT OF THE HAIR



AN IDEAL HEAD SHOWING HAIR THAT IS JUST FLUFFY AND CURLY ENOUGH

WRITTEN FOR THE SUNDAY REPUBLIC.

HERE is just one way to be pretty in the summer time. If you have not learned it, then your chances for beauty are spoiled.

But, if you have mastered it, you can be pretty forever as long as the breezes blow or the hot winds lap the shore.

As every summer woman knows, the hot air of summer is death to curls and to any pretty arrangement of the hair.

And without pretty hair, it is impossible to be pretty in the summer time.

But, if you will study the latter day methods, you will find that you can have pretty hair, and that beauty in the hot days of July and August is within your reach.

But it will cost you something, for the penalty is a deal of time spent.

A lot of hard work and the assistance of a capable friend who is just as good as yourself in the matter of experience.

For it takes not only knowledge but experience to keep the hair nice in the summer time.

For at this time of year every little wind brings its humidity with it, and with every slight exertion there comes perspiration, and with moisture the hair comes out of curl and grows lank and dull and danky.

TRESSES ARE NEGLECTED.

Girls who go to the seashore usually make up their minds to look like frights all summer.

They boldly brush the hair back, and from June until September they wear that severely plain aspect which one associates with old-fashioned Puritan maids and with the pioneer women's rights women in the days when they were both too busy to care how they looked.

In the mountains, it is almost as bad, for there are heavy dews when the hair hangs wet around the face.

And in the country it is a thousand times worse, for every air of heaven, and every amusement of earth seem calculated to reduce the hair to a state that can best be called "straggly."

Yet, if you will take notice of the persons about you in the summer time, you will see that, while some have straight, unattractive looking hair, others are prettily coiffured.

The difference is plain, and the reason is obvious.

Where one understands the magic art of being pretty in the summer time the other one does not, and the results are apparent to the naked eye.

STUDY THE STAGE WOMAN.

The women who best understand looking pretty under all conditions of climate are actresses, for it is their business to look nice, and unless they succeed in being attractive, they lose their hold on the public.

If you meet an actress at a popular resort you will notice at once that her skin is fine and smooth, and her hair arranged in waves.

If the front is curled, it is as prettily arranged in summer as in the winter time; and in no way would you believe her to be the victim of the heat and the wet which attacks other people.

And the reason is obvious.

The actress who makes a life study of looking nice is the one who understands the art of dressing her hair and keeping it dressed all the year round.

It is one of her most precious secrets—this keeping the coiffure in good order—when others are struggling with straggling locks and wrestling with the problem of side waves and forehead curls.

Naturally curly hair needs no lesson, for its owner has only to keep the hair in a shining state.

But the hair that is not naturally curly must be treated in many ways.

And the most important of these secrets is to keep the hair free from—as accumulation of the natural oils.

TENDENCY TO STING.

Dark hair is the hair that usually gets

oiliest soonest, so that all dark hair, oily hair or hair that shows a tendency to sting and to separate in wide partings to the sides and back of the head, must be washed once a week.

In the winter time a shampoo once in two weeks or once a month is often enough, but in the heat of the summer once a week is not too often.

By washing it once a week the excessive perspiration is freed from the hair, the heated oils of the scalp are washed away, and the hair is freed from the dust which catches into it and remains there in spite of brushing.

Remember that oily hair will not stay in curl; neither will hair that is dusty; nor will hair curl that has a touch of salt air in it.

And fresh water bathing is almost as bad for the curls as salt water bathing, for the hair holds its moisture a long time, and while there is a drop of moisture in it there is no chance for it to curl.

Let the weekly shampoo consist of an egg rubbed into the hair, after which the egg is washed out with a lather made of castile soap and hot soft water.

Do not rub the cake of soap upon the head, for it is impossible to get the soap out of the hair if this is done. But prepare a soap jelly and keep it standing ready for use.

TO MAKE SOAP JELLY.

To make a soap jelly put a pint of hot water on the stove and add to it a heaping teaspoonful of powdered borax.

Into this put a heaping cupful of shaved castile soap, made as fine as possible, and powder it if you have the facilities for powdering it.

Soap can be powdered, if it be a very dry

cake of soap, by tying it in a bag of muslin.

Lay the bag upon a stone and pound gently with a little hammer, using short, quick strokes until all is powder within the bag.

Empty this into the pint of hot water and let the whole simmer until the soap is dissolved.

Take off the stove, pour into a quart jar and let get cold. Keep and use as wanted.

After the soap jelly has been rubbed into the head the hair must be washed in what a French hair dresser declares is a thousand waters.

This hair dresser, who is famous in New York for his waves, often takes fifteen whole minutes for the rinsing of the hair alone.

The hair is then well dried and this certainly takes three hours unless one has a steam drier, which is a thing possessed by very few amateurs.

Remember, in drying the hair, that the hair will feel dry long before it is really so, and that moisture lingers in it a long time after the locks feel smooth and as dry as a bone.

READY FOR THE CURLER.

If the hair is curled while there is moisture in it the curls will come immediately out and there is not the slightest chance of beauty in the witted curl.

The work of putting on the curls is a labor of love, lost as soon as performed, and you must not have them hot enough to burn it, but when they are once fast in the hair hold them there while you count sixty.

A full minute is not too long. Keep on doing this until you have been over the whole head, so that it lies in waves.

Now sit out on the sun until the hair is dry, which it will very soon be.

The air plays through the hair quickly when exposed in this manner.

When once you have done this you will find that your hair is prettily kinked and that the waves will be of a kind that will

stay in for three or four days, or even for a whole week.

DRYING IS IMPORTANT.

Hair that is waved thus carefully will not come out at the first dew or the first dash of spray.

But the drying is very important, and if you have no one to help you dry the hair you can hasten it by little expedients that are simple, but very ingenious.

One of these is the expedient of drying the hair over a box.

Take a paste-board box and deprive it of its bottom. Set the box on top of the head and drag the hair up through it.

Now sit out on the sun until the hair is dry, which it will very soon be.

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